

Technical requirements for SYS popular sport competitions with the ISU Judging System / Season 2009/2010

Category none-ISU Seniors

Duration: 4 minutes 30 seconds +/- 10 seconds = **9 elements** according to the ISU rules, but **without Moves in the Field (MF)**. The MF may be executed, but will be counted as a transition.

Element	Element Group	Features
1 Block	max. Group 4	Step Sequence = max. Group 1
1 Circle	max. Group 4	Step Sequence = max. Group 1
2 Intersections	max. Group 4	Point of Intersection = max. Group 1
1 Line	max. Group 4	None
1 Movement in Isolation*	max. Group 3	Free skating elements (fe) (see difficulty Groups)
1 No Hold Block	max. Group 3	Step Sequence = max. Group 1
1 Wheel	max. Group 4	None
1 Pair Element	max. Group 3	Pair element (see difficulty Groups)
<i>or</i>		
1 Spin	max. Group 3	None
<i>or</i>		
1 Movement in Isolation*	max. Group 3	Free skating elements (fe) (see difficulty Groups)

Category none-ISU Juniors

Duration: 4 minutes +/- 10 seconds = **9 elements** according to the ISU rules

Element	Element Group	Features
1 Block	max. Group 4	Step Sequence = max. Group 1
1 Circle	max. Group 4	Step Sequence = max. Group 1
2 Intersections	max. Group 4	Point of Intersection = max. Group 1
1 Line	max. Group 4	None
1 Movement in Isolation*	max. Group 3	Free skating elements (fe) or free skating moves (fm) (see difficulty Groups)
1 No Hold Block	max. Group 3	Step Sequence = max. Group 1
1 Wheel	max. Group 4	None
1 Moves in the Field	max. Group 4	Three (3) different free skating moves, one must be a spiral (see difficulty Groups)
<i>or</i>		
1 Spin	max. Group 3	None

* Explanation for MI on the following page!

Category Adults

Duration: 3 minutes 30 seconds +/- 10 seconds = **6 elements**

Element	Element Group	Features
1 Block	max. Group 2	Step Sequence = max. Group 1
1 Circle	max. Group 2	Step Sequence = max. Group 1
1 Intersection	max. Group 2	Point of Intersection = max. Group 1
1 Line	max. Group 2	None
1 Wheel	max. Group 2	None
1 Movement in Isolation*	max. Group 3	Free skating elements (fe) or free skating moves (fm)

Category Juvenile

Duration: 3 minutes 30 seconds +/- 10 seconds = **6 elements**

Element	Element Group	Features
1 Block	Group 1	Step Sequence = max. Group 1
1 Circle	Group 1	Step Sequence = max. Group 1
1 Intersection	Group 1	Point of Intersection = max. Group 1
1 Line	Group 1	None
1 Wheel	Group 1	None
1 Movement in Isolation*	max. Group 3	Free skating elements (fe) or free skating moves (fm)

- * The Movement in Isolation (MI) is the only element which will be counted according to the ISU rules (Levels / Groups) if it is executed properly. Therefore, the Levels / Groups can be freely chosen.

ATTENTION:

If a Team has less than 16 skaters, it is not possible to skate the highest MI Group (there must be 8 skaters or 4 pairs which execute the MI, and this is not possible with less than 16 skaters because it has to be maximum half of the Team which is involved).

For all other elements it is also allowed to aim and execute a higher Level / Group, but the Technical Panel will only call the groups listed above if they are executed properly.