

INTERNATIONAL SKATING UNION

Communication No. 1288

GUIDELINES FOR NOVICE COMPETITIONS

(replaces ISU Communication No. 1190)

I. International Novice Competition in the Figure Skating Branch (Single Skating, Pair Skating, Ice Dancing and Synchronized Skating)

Entries

Open to eligible skaters of ISU Members in accordance with Rule 107, paragraphs 8.

Age requirements

In International Novice Competitions a Novice is skater who has met the following requirements before July 1st preceding these Events:

- (i) may not be younger than ten (10) and must not have reached the age of fifteen (15) for Singles
- (ii) either partner may not be younger than ten (10) and must not have reached the age of fifteen (15) for girls and seventeen (17) for boys for Pairs and Ice Dance;
- (iii) For Synchronized Skating, Novice teams are composed of skaters all of whom have reached the age of ten (10) and have not reached the age of fifteen (15), before July 1st preceding the competition

Judges/ Referees

ISU, International, and/or National Judges and Referees may officiate at such competitions.

A short Report by the Referee on such competition should be submitted to the respective ISU Technical committee (for Singles, Pairs and Ice Dance), and the official ISU Referee Report should be submitted to the Synchronized Skating Technical Committee through the ISU Secretariat.

II. Specific conditions for each discipline

a) SINGLE & PAIR SKATING

Composition of Event for Singles and Pairs:

The event shall consist of two parts:

- Short Program of a maximum length of 2:30 minutes for Singles and Pairs.
- Free Skating Program of 3:00 minutes for Girls, and 3:30 minutes for Boys and Pairs (+ or – 10 seconds)

1. Short Program Singles

The Short Program for Girls' Singles shall consist of the following elements:

- a) Axel Paulsen or Double Axel Paulsen
- b) Double or Triple jump immediately preceded by connecting steps
- c) One jump combination consisting of two double jumps, may not repeat jump in b)
- d) Layback or sideways leaning spin (minimum of six (6) revolutions)
- e) Spin combination with only one change of foot and at least one change of position (minimum of five (5) revolutions on each foot)
- f) One Spiral or Step sequence, pattern optional (straight line, serpentine, or circular with full utilization of the ice surface).

The Short Program for Boys' Singles shall consist of the following elements:

- a) Axel Paulsen or Double Axel Paulsen
- b) Double or Triple jump immediately preceded by connecting steps
- c) One jump combination consisting of two double jumps, may not repeat jump in a) or b)
- d) Camel or Sit spin (minimum of six (6) revolutions)
- e) Spin combination with only one change of foot and at least one change of position (minimum of five (5) revolutions on each foot)
- f) One Step sequence, pattern optional (straight line, serpentine or circular with full utilization of the ice surface).

2. Free Skating Program Singles

A well balanced Free Skating program for Singles must contain:

- a) Maximum of 6 jump elements for Girls and Maximum of 7 jump elements for Boys one of which must be an Axel jump and at least one combination or sequence of jumps must be included.
- b) There must be at least three (3) spins of a different nature, one of which must be a spin combination (total of ten (10) revolutions) and one a flying spin (minimum of five (5) revolutions).
- c) There must be at least one step or spiral sequence that fully utilizes the ice surface.

3. Short Program Pairs

The Short Program for Pairs shall consist of the following elements:

- a) One lift (single or double), any hand hold
- b) One twist lift (single or double)
- c) One solo jump (single or double)
- d) One solo spin, no change of foot, change of position optional, five (5) revolutions minimum
- e) One pair spin, no change of foot, change of position optional, five (5) revolutions minimum
- f) One pivot figure (pivot position by man required)
- g) One Spiral or Step sequence: serpentine, circular or straight line for step sequence with full utilization of the ice surface.

4. Free Skating Program Pairs

A well balanced Free Skating program must contain:

- a) Two different lifts
- b) One Twist lift
- c) One or two throw jumps (single or double)
- d) One solo jump (single or double)
- e) One jump combination or sequence
- f) One pair spin or pair spin combination (minimum of five (5) revolutions)
- g) One solo spin or solo spin combination (minimum of five (5) revolutions)
- h) One pivot figure without restrictions
- i) One spiral sequence
- j) One step sequence.

5. Marking and Determination of Results

Either the ISU Judging System or the "6.0" system may be used. For the "6.0" system, marking in accordance with the Special Regulations for Figure Skating 2002.

b) ICE DANCING

A. PRE-NOVICE

Composition of Event:

The Ice Dance Event shall be composed of the following two (2) parts:

a) **Compulsory Dances:**

Group 1: Fourteenstep, European Waltz
To be skated in odd years, as of July 1st

Group 2: Foxtrot, American Waltz
To be skated in even years, as of July 1st

Both Dances must be skated. The number of sequences shall be as per Rule 540, paragraph 1

b) Free Dance

To be constructed in accordance with Rule 510 with the following modifications:

Duration: 2 minutes and 30 seconds (plus or minus 10 seconds)

Music: Vocal music is not permitted.

Requirements for a Well-Balanced Program:

Lifts: one (1) dance lift but not more chosen from the following list of types of lifts with a maximum of 5 seconds and in accordance with Rule 504 paragraph 16

Lifts not to exceed 5 seconds:

a) Straight Line Lift

b) Curve Lift

c) Rotational Lift

Note: a Stationary Lift is not permitted.

Dance Spin: one (1) Spin but not more (in accordance with Rule 504 paragraph 14 d) consisting of at least of two (2) rotations on one foot for both partners (maybe started on two feet)

Note: A Combination Spin is not permitted.

Step Sequence: one (1) Diagonal or Midline Step Sequence in varied hold (except Hand-in-Hand with fully extended arms)

Diagonal – skated as fully corner to corner as possible

or

Midline – skated along the full length of the center (long) axis

Synchronized Twizzles: one (1) twizzle on one foot for both partners

Twizzle shall be at least one rotation on one foot performed simultaneously.

The 4 entry edges (Forward Inside, Forward Outside, Backward Inside, Backward Outside) and direction of rotation will be considered in assigning a level if the ISU Judging System is being used.

B. NOVICE

Composition of Event:

The Ice Dance Event shall be composed of the following two (2) parts:

a) Compulsory Dances:

Group 1: Rocker Foxtrot, European Waltz, Paso Doble

To be skated in odd years, as of July 1st

Group 2: American Waltz, Kilian, Tango

To be skated in even years, as of July 1st

Two (2) dances to be drawn before the first official practice of the Competition. The number of sequences shall be as per Rule 540, paragraph 1.

b) Free Dance

To be constructed in accordance with Rule 510 with the following modifications:

Duration: 3 minutes; plus or minus 10 seconds;

Music: Vocal music is not permitted.

Requirements for a Well-Balanced Program:

Dance Lifts: two different types (2) but not more chosen from the list of types of lifts with a maximum of 5 seconds (and be in accordance with Rule 504 paragraph 16)

Lifts not to exceed 5 seconds:

a) Stationary Lift

b) Straight Line Lift

c) Curve Lift

d) Rotational Lift

- Dance Spin: one (1) Spin but not more (in accordance with Rule 504 paragraph 14 d) consisting of at least of three (3) rotations on one foot for both partners
Note: A Combination Spin is not permitted.
- Step Sequences: one (1) Circular Step Sequence: Anti-Clockwise pattern, in Waltz, Tango and/or Foxtrot hold, utilizing the full width of the ice surface on the short axis of the rink
- Synchronized Twizzles: one (1) set comprising of 2 twizzles on one foot for both partners with up to 3 steps between. Each twizzle shall be at least one rotation on one foot performed simultaneously.
The 4 entry edges (Forward Inside, Forward Outside, Backward Inside, Backward Outside) and direction of rotation will be considered in assigning a level if the ISU Judging System is being used.

3. Marking and Determination of Results

Either the ISU Judging System or the 6.0 system may be used.

i) 6.0 System

Marking in accordance with the Special Regulations for Ice Dancing 2002.

After having determination the results in each part of the Competition, the placings obtained by each Ice Dance couple, in each part of the Competition must be multiplied by the following factors:

Each Compulsory Dance	0.5	(25% each)
Free Dance	1.0	(50%)

- The placing for the Compulsory Dances multiplied by their factor are added to the placing for the Free Dance multiplied by its factor. The sum of these is the total for the Compulsory Dances and the Free Dance combined and the best placement shall be given to the couple with the lowest total.
- If two (2) or more couples receive an equal total for the combined result (Final), the best shall be decided on the basis of the best placings for the Free Dance. If the placings for the Free Dance are also equal, the couples concerned are tied.

ii) ISU Judging System

Marking and determinations of the results in accordance with the ISU Communication 1274 and Special Regulations for Ice dancing 2004*.

** The Scale of Values of Required Sections for above mentioned Compulsory Dances and for Pre-Novice Synchronized Twizzles for the Free Dance program will be published soon.*

c) SYNCHRONIZED SKATING

1) Team composition

A team shall consist of 12 to 20 skaters. Teams may include both boys and girls without any restrictions and maximum number of alternates is four (4).

2) Program

Only a Free Skating program should be included.

The Free Skating program should be a Balanced Program.

The following elements should be included and will be scored when the ISU Judging System is used:

- One (1) block
- One (1) circle
- One (1) line
- One (1) wheel
- Two (2) intersections
- One (1) movement in isolation

Definitions of recommended elements are in accordance with Rule 711 paragraph 1 and 4 (Balanced Program). The illegal elements are following the restrictions in Junior Free Skating, Rule 711 paragraph 10 d).

3) Duration of program

Three (3) minutes and thirty (30) seconds.

4) Music

Vocal music using lyrics is permitted.

5) Warm up periods / Ice Resurfacing

In accordance with Rule 734 paragraph 4, the resurfacing should be done after every six (6) teams.

6) Referees/Judges

In international Novice competitions announced in the ISU calendar of events, the Referees and Judges should be on the ISU list of Referees and Judges, if possible. The same ISU Rules regarding judging and refereeing applies as in junior and senior international competitions.

7) Marking and Determination of Results

The "6.0" system is recommended for season 2004-2005. Marking in accordance with the Special Regulations for Synchronized Skating 2002.

Milan,
September 15, 2004
Lausanne,

Ottavio Cinquanta, President

Fredi Schmid, General Secretary